

Cataract Surgery Under General Anaesthesia

An Information Leaflet

December 2010

ہی ایسٹونریٹریٹنگ سارڈیسس - ۸ ناز پٹا ۵۶۷۸ ۸ خذمة ترجمة شفوية مجانية - انظر إلى الصفحة ۸ ہینا پڑھو ۸ اڈکناوی سڑبیا - ۸۸۸ ۷ ۸۸۸۸.

مفت ترجمانی کیلئے صفحہ 8 دیکھئے
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看第八頁

Introduction

You may have recently been told that you have a cataract and been referred to the eye department at Stockport NHS Foundation Trust.

What is a Cataract?

A cataract is a clouding of the eye lens. The eye lens is usually transparent to allow light into the back of the eye. A cataract means that you may experience some problems with your eyesight in your day to day life.

What problems can I expect?

- Reduced eyesight
- Blurred eyesight
- Loss of brightness of colours
- Double vision
- Difficulty seeing to read, watching TV, crossing the road and driving the car for example.

Is it necessary to have an operation?

The eye doctor will discuss this with you on an individual basis. This depends on how much of a problem your vision is to you. If left untreated your vision may gradually worsen until you can see very little.

Occasionally the cataract may become 'over mature'. This means that the only effective treatment is surgical removal of the lens.

What does the operation involve?

The operation involves having a small cut made in the eye. The cataract is removed through this small cut and, in most patients, an artificial lens called a "lens implant" is inserted into the eye. This "lens implant" is what you see through.

A special test will be performed to determine the strength of the "lens implant" required for your eye. This involves measurements of the eye

being taken. Whilst as accurate as possible, the calculation of the “lens implant” is not an exact science.

You may have to wear glasses for distance and reading following a cataract operation even if you did not do so previously.

Is this operation likely to improve my eyesight?

In many patients, it is likely to improve eyesight. However, if you have other eye problems in addition to a cataract problem, your final visual result may not be as good as someone who does not have any other eye problems. This will be discussed with you.

Are there any risks with this operation?

As with all surgery, there are some risks and complications. These will be discussed with you in advance of any operation.

Some minor complications may include bruising around the eyelids, redness and irritation in the eye. Rarely the delicate lining of your lens is damaged during the operation. If this occurs you may require an additional procedure which may affect your vision following surgery.

Major complications are rare occurring in less than one in 1000 operations. Such complications include:

- Haemorrhage inside the eye
- Infection inside the eye following the operation
- Retinal detachment

It is possible that you may lose all sight in the eye if you get one of these rare complications, but such complications are rare.

What happens next?

You will be offered a date to attend the Stockport Eye Centre for a Pre-Operative Assessment appointment.

At this appointment the nurse will ask you how you got yourself to and from hospital and whether you have been accompanied; also, who will

be available to help put eye drops into the eye after your operation. This will be discussed with you and you will be given guidance on this.

You will also be asked about your general health and what medication you are taking. A date will then be confirmed for your operation.

Please note: there is no guarantee that any particular surgeon will perform your operation.

Once you have read this section of the booklet, please sign to say you have done so.

I have read and understood this section of the booklet.

Patient's signature:

Patient's name (print):

Date:

You may wish to prepare a list of questions you might like to ask at the Pre-Operative Assessment Clinic.

Questions to be asked at pre-operative assessment clinic:

**Please bring this leaflet to your
Pre-Operative Assessment appointment.**

Thank you

Our smoke free policy

As per the smoke free law, smoking is not allowed by anyone anywhere on the hospital site. For further information, please read the patient information leaflet 'Policy on Smoke Free NHS Premises'.

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If you would like this leaflet in a different format, e.g. in large print, or on audiotape, or for people with learning disabilities, please contact PCS.

Your local contact for more information is Patient and Customer Services at Poplar Suite, SHH, Tel: 0161 419 5678 or

www.stockport.nhs.uk

A free interpreting service is available if you need help with this information. Please telephone Stockport Interpreting Unit on 0161 477 9000. Email: eds.admin@stockport.gov.uk

如果你需要他人為你解釋這份資料的內容，我們可以提供免費的傳譯服務，請致電 0161 477 9000 史托波特傳譯部。

W przypadku gdybyś potrzebował pomocy odnośnie tej informacji, dostępne są usługi tłumaczeniowe. Prosimy dzwonić do Interpreting Unit pod numer 0161 477 9000.

যদি এই খবরগুলি সম্পর্কে আপনার কোন সাহায্য দরকার হয় তবে বিনা খরচে আপনার জন্য দোভাষীর ব্যবস্থা করা হতে পারে। মেহেরবানী করে স্টকপোর্ট ইন্টারপ্রিটিং ইউনিটে ফোন করুন টেলিফোন নম্বর, 0161 477 9000.

اگر آپ کو ان معلومات کے بارے میں مدد کی ضرورت ہے تو مفت ترجمانی کی سروس دستیاب ہے۔ براہ مہربانی انٹرپرائٹنگ یونٹ کو 0161 477 9000 پر فون کریں۔

خدمات ترجمہ رایگان این اطلاعات در صورت نیاز موجود میباشد. لطفاً با شماره تلفن 0161 477 9000 با واحد ترجمہ (اینترپرائٹنگ یونیت) ما تماس بگیرید.

تنوفر خدمت ترجمہ شفویة اذا تطلبت مساعدة في فهم هذا المعلومات. نرجو الاتصال اربن رینیول علی رقم الهاتف: 0161 477 9000